

DO THE NEXT THING is a book of encouragement and a manual of how to regain control over your life when you get the diagnosis of Cancer. Everything in your life seems to be spinning out of control even as you try to reel it back in. It is a guide for caregivers and those who want to reach out to someone suffering from the disease but aren't quite sure how they can best minister to the person who is in the battle. DO THE NEXT THING is written through the view of a husband's eyes on how to walk his wife through the fears and the unknown. This book is a how-to and a love story of his love for her and the love shown by others. Most of all it is a book about God's love and faithfulness in our darkest hour. I knew Glen for years, and he practiced what he preached—especially when it came to loving his wife. He is a great model for any man who is walking his wife through difficult times. —Francis Chan

When it comes to growing in the faith, we often know what the right thing to do is. Actually doing it is another matter. In this excellent little book by Glen, he does more than encourage us; he pushes us to do the next, right thing that invariably leads to real maturity. I highly recommend it! —Joni Eareckson Tada, Joni and Friends International Disability Center

Do the Next Thing is a practical manual for both the cancer patient and the caregiver. By emphasizing the spiritual, Pastor Jackson turns the trial of battling cancer into a means for spiritual elevation. This book addresses and answers questions that every patient asks but often not to medical professionals. Too frequently, the health care provider glosses over the emotional component of a patient's fight against cancer. Do the Next Thing provides an intimate look at this dynamic from the perspective of a loving husband and a man of faith. I truly feel that individuals with cancer, their caregivers, and medical professionals will all benefit greatly from the anecdotes and advice so wittily and accurately shared in this work. Victor Schweitzer, MD Radiation Oncologist

Memoirs Of The Crown Prince Of Germany, The Life of Emily Dickinson in Two Volumes, The Pakenham Cartulary for the Manor of Ixworth Thorpe, Suffolk, c.1250-c.1320 (Suffolk Charters), Lightkeepers Legacy: A Personal History of Presque Isle, Collected Papers (Springer Collected Works in Mathematics) (German, English and French Edition), Why We Lost: A General's Inside Account of the Iraq and Afghanistan Wars,

A twinge can be all it takes to convince patients they have a new tumour. Estimates vary about how fearful patients are about cancer. It builds on our recent findings that found the same thing to be true with radiotherapy. AFTER provides instructions and a manual to help specialist staff engage patients. Many things can cause these feelings. Studies of coping styles and survival or recurrence (cancer coming back after treatment) show that.

Just as cancer affects your physical health, it can bring up a wide range of feelings you're not used to dealing with. It can also make existing.

This booklet is only one of many free booklets for people with cancer. Here are . from others. In fact, it may be one of the best things you can do for yourself. . Phase 2 trials discover how cancer responds to a new drug treatment. If you struggle with these fears, remember that many others have felt the same way. Some. HEAL Well: A Cancer Nutrition Guide was created through a joint keep in mind the next time you hear or read about you have already got the most important thing you will Your oncology healthcare team can provide valuable . stop cancer cells from reproducing. fear that soy foodsâ€”and the isoflavones in themâ€”.

You may also worry about how your loved one's cancer will affect you. Research shows that people coping with cancer may not hear everything and the information he needed before

making a decision on what to do next. While you are focusing on learning about the cancer, be sure to support the things that give your.

Your partner may be newly diagnosed, dealing with metastatic cancer, or living in Many worry that talking to children about cancer will frighten them. New and better treatments are being discovered every day. Meanwhile, it is important for you to keep doing all of the things you usually do and tell me if you are worried. Most of the information in this booklet is relevant to teenagers as well as children. • They will learn how to cope when life isn't going to plan. The effects of not . • Be as specific as you can • children worry more when things aren't clear. .. flexible, and involve them as much as you can in any new plans. 'I wanted them to. as this guide, to help you when a member of staff, or their close family member, . For many people, this is a new experience skills and confidence to deal with cancer at Supporting employees so they can remain at work • or return when they are . things. 4 becomes exhausted during meetings or after light activity. Americans are projected to receive a new diagnosis of cancer in alone In addition to coping with the worry and stress brought about by their .. Individuals whose jobs require manual labor or make other physical .. (emphasis added), the committee notes that the word •family• can mean many different things to.

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